

APPROVE»

**Chairman of the Committee on
Sports and Physical Culture
Ministry of Tourism and Sports
of the Republic of Kazakhstan**



R. Essenalin

«AGREED»

**The General Secretary
“Athletics Federation of the
Republic of Kazakhstan” PA**



Zh. Imandossov

« AGREED»

**Chairman
"Kazakhstan Federation of
Masters Athletics" RPA**



Abutaliyev

**Regulation
about holding the International
Masters Athletics Tournament
«Alatau – 2025»**

Astana, 2025

1. Name, date and place of the sports competition, day of arrival and day of departure of the participants

International Masters Athletics tournament "Alatau – 2025"

The competition will be held on July 6-7, 2025.

Venue: Athletics Stadium of the Almaty Olympic Training Center, Almaty region, Almalybak village, 105/1 Bekzat Sattarkhanov str.

Arrival day: July 5, 2025.

Departure date: July 8, 2025.

The organizer of the international tournament is the "Kazakhstan Federation of Masters Athletics" RPA (KMAF).

Competition program:

Men:

Running – 100 m., 200 m., 400 m., 800 m., 1500 m., 5000 m., 80 m H, 100 m H, 110 m H, 2000 m H, 3000 m H

relay 4 x 100 m, 4 x 400 m.

High jump, long jump, triple jump.

Shot put, discus throw, hammer throw, javelin throw, weight throw.

In total, the men have 20 individual sports and two relay races.

Women:

Running – 100 m., 200 m., 400 m., 800 m., 1500 m., 5000 m., 80 m H, 100 m H, 2000 m H

relay 4 x 100 m, 4 x 400 m.

High jump, long jump, triple jump.

Shot put, discus throw, hammer throw, javelin throw, weight throw.

In total, the women have 18 individual sports and two relay races.

Mixed relay: Mix 4 x 100 m. (2 men, 2 women)

Competitions in running sports are held in one round.

In the types of 100 m and 200 m, if there are 9 or more participants in the competition in a particular age category, preliminary and final races are held.

In total, 34 individual sports and 3 relay races are played in the international tournament "Alatau – 2025".

2. Participating organizations, the number of participants in the sports competition.

2.1 Personal competitions are allowed:

1) athletes 35 years of age and older in the Masters category, men and women, citizens of the Republic of Kazakhstan and citizens of other countries, including those residing/staying in the territory of the Republic of Kazakhstan;

2) Only athletes who have been admitted by the organizing committee to each type of program may participate in the competition, based on an electronic application submitted on the KMAF website at <https://kmaf.kz>

The age category of the tournament participant is determined by the number of full

years as of July 6, 2025. Categories for men and women: 35-39 years old; 40-44 years old; 45-49 years old; 50-54 years old; 55-59 years old; 60-64 years old; 65-69 years old; 70-74 years old, 75-79 years old, 80-84, 85 and older.

2.2 Athletes.

Participation in the Alatau - 2025 international tournament is paid in accordance with the rules of the international masters associations World Masters Athletics and Asian Masters Athletics.

1) Foreign athletes pay a participation fee with a choice of one type of program in the amount of 14,000 tenge, of which 11,000 tenge is the participation fee and 3,000 tenge is one type of program. The participant can choose from one to five types of program, excluding relay races. Payment is made on the website at <https://kmaf.kz> via the payment system. If there are technical or other problems related to the payment of participation and for the types, payment is provided upon arrival at the competition. Participants should contact the organizers of the tournament in advance (for contacts, mob. +77017514032, e-mail turar69@gmail.com, tur_a@mail.ru). In this situation, the organizers of the tournament are obliged to register the participant manually, with the condition that the participants pay the participation fee and select certain types of programs upon the participant's arrival at the tournament venue.

2) Active athletes, including athletes from other sports, as well as athletes who completed their professional careers less than two years ago, are not allowed to participate in the tournament.

2.3 The Organizing Committee of the tournament forms a panel of judges consisting of no more than 50 people, which includes the chief judge, the chief secretary, and the judges by type. Only judges who have confirmed their qualifications are allowed to judges the tournament. The chief judges, the chief secretary of the tournament by appointment.

2.4 The final number of athletes, judges and other participants in the competition is approved by the Chairman of the Organizing Committee, after a Technical meeting, and is approved by the Chief Judge of the tournament.

3. Medical, sanitary and anti-doping support.

3.1 The Organizing Committee of the tournament takes measures to ensure safety and emergency medical care for athletes, coaches, judges and other participants of the competition.

3.2 All athletes may be subject to doping control in accordance with the World Anti-Doping Code (WADA) and the International rules for Athletics Competitions. The National Anti-Doping Center has the right to conduct both in-competition and out-of-competition doping control.

3.3 All athletes must comply with the rules of the WADA Anti-Doping Code. In case of violation by athletes of the WADA anti-doping Code, refusal or failure of athletes to take a doping test, sanctions will be applied to them in accordance with the norms of the WADA anti-doping Code (up to complete disqualification of the athlete).

4. Procedure and deadline for submitting applications for participation in sports competitions, terms of financing.

4.1 Applications for participation in the competition are submitted to the Organizing Committee according to the registration form published on the website <https://kmaf.kz> until June 22, 2025.

4.2 Protests regarding the athlete's admission to participate in competitions must be submitted to the Organizing Committee of the tournament before the start of the competition.

4.3 Participants from the Republic of Kazakhstan, who are admitted to the tournament by the KMAF, pay for travel, meals and accommodation at their own expense, or at the expense of the sending organization.

4.4 The Organizing Committee of the tournament shall bear the costs of renting sports facilities, equipment, judicial payments (chief judge, judges, secretariat, coordinators, volunteers), award materials, image products, transfer from the hotel to the starting point, photo and video services, presenter services, commentators, translator services, diagnostic services and equipment settings used during the competition on the territory of a sports facility, press conference services, media placement services, advertising services, organizing the broadcast of competitions, medical support, informational placement and notification of competitions, printing services, provision of drinking water, services for setting up registration of participants on the website <https://kmaf.kz> and etc.

4.5 KMAF owns the rights to cover a sports competition by broadcasting the image and/or sound of a sports competition by any means and/or using any technology, as well as by making a video recording of the specified broadcast. The Chairman of the KMAF has the right to conclude agreements in writing with third parties on the acquisition by third parties of the rights to cover a sports competition.

5. The order of awarding the champions and prize-winners of the international tournament.

5.1 Athletes who took 1-3 places at the Alatau - 2025 will be awarded gold, silver and bronze medals, diplomas, if any as well as prizes from sponsors and/or partners. Citizens of the Republic of Kazakhstan who participated in the international tournament and took 1st, 2nd or 3rd places are also awarded with appropriate medals and diplomas for the Championship of the Republic of Kazakhstan among masters, held simultaneously with the international tournament.

6. The procedure for filing and reviewing protests.

6.1 Protests regarding the conduct of the competition or the result shown in the form must be submitted within 30 minutes after the official announcement of the result of the form. The organizing Committee of the competition is responsible for recording the time of the announcement of all results.

6.2 Any protest must be verbally stated to the Chief Judge either by the athlete himself, or by some person acting on behalf of the athlete, or by an official



representative of the team. Such a person or team may file a protest only if they are competing in the same round of the competition to which the protest belongs (or a subsequent appeal), or are participating in a competition in which a team medal count is made. In order to make a fair decision, the Chief Judge must consider all the circumstances that he considers necessary, including examining the official video recording or any other available video and photo evidence. The Chief Judge may decide on the submitted protest himself or refer it to the Appeal Jury. If the Chief Judge makes a decision, the protesting party has the right to appeal the decision to the jury. If the protester is unable to contact the Chief Judge directly, the protest may be forwarded to the Chief Judge through the Chairman of the Tournament Organizing Committee.

